

## Activity Schedule Cottages: October 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>St Anthony Church Mass Schedule</b> Tuesday 11:00 am Wednesday 9:00 am Thursday 11:00 am Friday 9:00 am Saturday 4:30 pm Sunday 8:00 & 10:30		1. 9:30 Walks 10:30 Music in the Coffee Shop 2:30 Bingo	2. 9:00 Mass 10:30 Exercise/ Interactive Game 3:00 <b>Drumming with Ted</b>	3. 9:30 Walks/ Coffee Shop 10:30 Exercise/ Interactive Game 4:00 Happy Hour!	4. 9:30 Walks/ Coffee Shop 10:30 Exercise 3:00 Movie and Popcorn	5. Varying Activities with Caregivers
6. Varying Activities with Caregivers	7. 9:30 Walks/Coffee Shop 10:30 Exercise/ Interactive Game 1:30 <b>Pumpkin Patch                      Party! (ALF)</b> 3:30 Board Games	8. 9:30 Walks 10:30 Music in the Coffee Shop 11:00 <b>Visit with a llama</b> 2:30 Bingo	9. 9:00 Mass 10:30 Exercise/ Interactive Game 2:30 Ice Cream Social 3:00 <b>Massages with                      Debra</b> 3:30 Board Games	10. 9:30 Walks/ Coffee Shop 10:30 Exercise/ Interactive Game 4:00 Happy Hour!	11. 9:30 Walks/ Coffee Shop 10:30 Exercise 3:00 Movie and Popcorn	12. Varying Activities with Caregivers
13. Varying Activities with Caregivers	14. 9:30 Walks/Coffee Shop 10:30 Exercise/ Interactive Game 3:30 Board Games	15. 9:30 Walks 10:30 Music in the Coffee Shop 2:30 Bingo	16. 10:00 <b>Village Mass</b> 10:30 Exercise/ Interactive Game 2:30 Ice Cream Social 3:30 Board Games	17. 9:30 Walks/ Coffee Shop 10:30 Exercise/ Interactive Game 3:00 <b>Live Music</b>	18. 9:30 Walks/ Coffee Shop 10:30 Exercise 3:00 Movie and Popcorn	19. Varying Activities with Caregivers
20. Varying Activities with Caregivers	21. 9:30 Walks/Coffee Shop 10:30 Exercise/ Interactive Game 3:30 Board Games	22. 9:30 Walks 10:30 Music in the Coffee Shop 2:30 Bingo	23. 9:00 Mass 10:30 Exercise/ Interactive Game 2:30 <b>Birthday Party (ALF)</b> 3:00 <b>Massages with                      Debra</b> 3:30 Board Games	24. 9:30 Walks/ Coffee Shop 10:30 Exercise/ Interactive Game 4:00 Happy Hour!	25. 9:30 Walks/ Coffee Shop 10:30 Exercise 3:00 Movie and Popcorn	26. Varying Activities with Caregivers
27. Varying Activities with Caregivers	28. 9:30 Walks/Coffee Shop 10:30 Exercise/ Interactive Game 3:30 Board Games	29. 9:30 Walks 10:30 Music in the Coffee Shop 2:30 Bingo	30. 9:00 Mass 10:30 Exercise/ Interactive Game 2:30 <b>Costume Party                      (ALF)</b>	31. 9:30 Walks/ Coffee Shop 10:30 Exercise/ Interactive Game 4:00 Happy Hour!		Saint Anthony Village 3560 SE 79 <sup>th</sup> Ave Portland, OR 97206 503-775-4414